

# Safeguarding and Wellbeing at Shenfield High School



Newsletter Issue 002: December 2024

In this winter edition of Shenfield High School's Safeguarding and Wellbeing newsletter, we will be highlighting some of the key concerns we have picked up during this term and the avenues taken to support and safeguard our students. We will also be sharing resources which parents and carers can use during this festive season and beyond.

If you have any questions about the issues highlighted here or any relevant issue that you would like to raise with us, please do contact us using the email in the bottom right hand corner of this newsletter.

## Safeguarding focus this term: Social, Emotional, Mental Health

The data that we have collated over this term shows a high number of concerns reported regarding Social, Emotional, Mental Health – which corresponds to the national concern for young people that you might have seen in the news. We monitor and review safeguarding concerns data every half term now to identify trends and strategic steps to take to support students.

Shenfield High School has a structure and emphasis to "know students and to know them well" with its Pastoral staff and interventions from school staff and external agencies that we work with. If you have any concerns about your child, their Pastoral Manager is always the first person to contact and discuss your concerns with.

This term we have also undertaken the following:

- Completed a student survey to hear their views
- Increased the number of referrals to external and internal mentoring support
- Introduction of small group initiatives at school
- Advertising of wellbeing support available to students around the school

## Need to talk, share a concern or ask a question?

### Who can students talk to at school?

- Form Tutor
- Class Teacher
- Pastoral Manager
- Head of Year
- Support Staff
- Safeguarding Team
- Senior Leadership Team
- Any member of staff



Mr Bolitho  
Safeguarding Lead



Mrs Nelson  
Deputy Safeguarding Lead

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## Wellbeing update

We continue to run and signpost our fantastic Sixth Form Peer Mentoring programme to younger students, as it has been a key set of support for many in the past.

Each academic year will bring a whole new group of trained peer mentors and your child's year team or form tutor can point them in the right direction, if they feel they would benefit from this support.

Christmas can be a great time of the year, a tough time or both. In light of this, we have showcased the YoungMinds Wellbeing Advent Calendar in the Safeguarding Offices to give students some ideas on how to make the best of this season by focusing on their overall wellbeing.

We've also linked some resources which you may find useful during this festive season:

 [YoungMinds – Wellbeing Advent Calendar](#)

 [Kooth – Online Wellbeing Community](#)

 [Tips for keeping your children safe online – Sort Your Settings](#)



*We wish you a happy and healthy  
Christmas*