

Safeguarding and Wellbeing at Shenfield High School



Newsletter Issue 003: April 2025

In this edition of the Shenfield High School's Safeguarding and Wellbeing newsletter, we will be focusing on Online Safety and Wellbeing. There has been a sharp rise in incidents involving concerns online and an increased use of Artificial Intelligence (AI) platforms, such as ChatGPT.

We will be sharing some learnings and key resources for parents and carers, to support and safeguard students and ensure that they are able to navigate the online world safely and healthily.

If you have any questions about the issues highlighted here or any relevant issue that you would like to raise with us, please do contact us using the email at the bottom of this newsletter.

Safeguarding focus this term: Online Safety and Wellbeing

There has been an increase in the number of concerns raised regarding online safety and an equal increase in relation to the impact of students' wellbeing in these matters.

We continue to highlight our safeguarding focus to students through assemblies, curriculum reviews and internal and external intervention support.

Shenfield High School has a structure and emphasis to "know students and to know them well" with its Pastoral staff and interventions from school staff and external agencies that we work with. If you have any concerns about your child, their Pastoral Manager is always the first person to contact and discuss your concerns with. We also monitor and review the data for safeguarding concerns every half term to identify trends and strategic steps to take, to support students.

This term we have also undertaken the following:

- More robust usage of filtering and monitoring systems
- Advertising of wellbeing support available to students around the school
- Additional topics being discussed in small group interventions

Need to talk, share a concern or ask a question?

Who can students talk to at school?

- Form Tutor
- Class Teacher
- Pastoral Manager
- Head of Year
- Support Staff
- Safeguarding Team
- Senior Leadership Team
- Any member of staff



Mr Bolitho
Safeguarding Lead



Mrs Nelson
Deputy Safeguarding Lead

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Wellbeing update

We maintain a key focus on encouraging students to develop positive wellbeing and healthy attitudes, through investing in resources that benefit not just our students but the wider Shenfield High School community, in the parents and carers around them.

The National College is a platform which provides training, guidance and resources for educators. There are a range of topics which they address such as mental health, online safety, as well as providing guidance for parents and carers.

Alongside The National College, the team at For Working Parents have also shared an Emoji Periodic Table, helping parents/carers to decode cryptic messages that they may come across, further helping to support in safeguarding your child(ren) online.

We've linked some resources which you may find useful:

[Emoji Periodic Table](#)

[WhatsApp Guide for Parents/Carers](#)

[Online Relationships & Dating Apps Guide for Parents/Carers](#)



ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.